

Supporting Your Neurodiverse Child/Young Person Digital Booklet

By parents
for parents

Does your child or young person have any of the following that you need support with?

Sleep

Dysregulated behaviour

Depression
Anxiety

Sensory Needs

Health

Day to Day Life

Speech

Social anxiety

Communication

Diagnosis

Problems with their peer group

Dietary

Struggles in school

Find out what support is available and where

When you first realise that your child experiences the world in a different way, it can feel overwhelming. But once you begin to understand their way of thinking it can be rewarding and you can learn so much from your child/young person. This free digital booklet will support you on this journey.

SCAN



DOWNLOAD NOW

FREE

Supporting
Your Neurodiverse
Child/Young Person

SNAP PARENT CARER FORUM
CENTRAL BEDFORDSHIRE



Written for parents,
by parents

NHS
Bedfordshire, Luton
and Milton Keynes
Integrated Care Board



NHS
MIND
SNAP

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